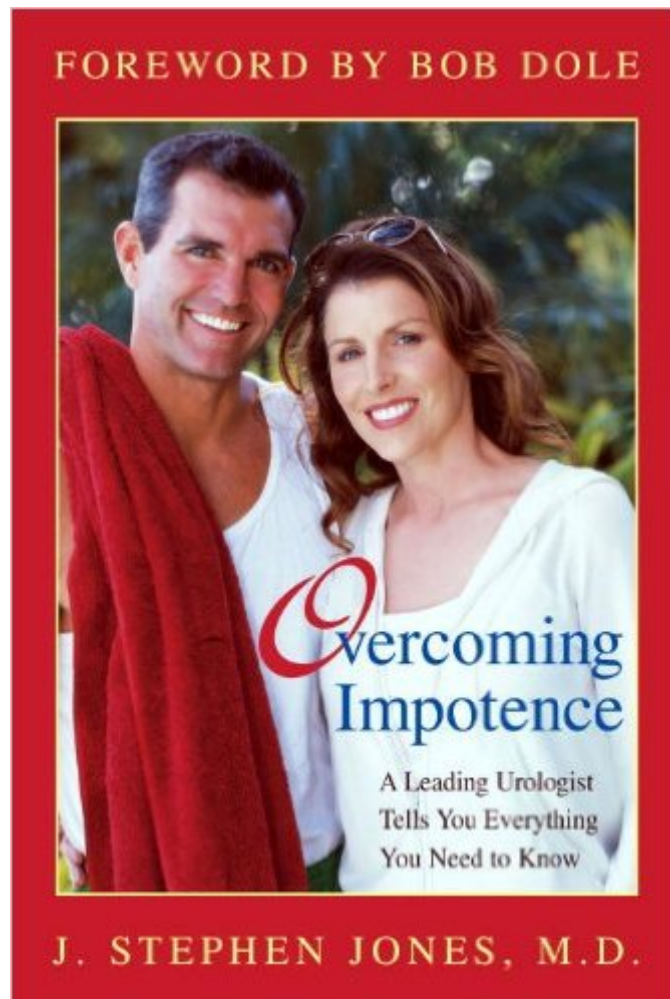


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# Overcoming Impotence: A Leading Urologist Tells You Everything You Need To Know



## Synopsis

Thirty million men suffer from some form of erectile dysfunction, according to recent estimates. While literature on the problem has been available for decades, generally it takes the form of dry textbooks written in "medicalese." *Overcoming Impotence* is, in contrast, user-friendly, emotionally supportive, and extremely informative. Writing in straightforward layman's terms Dr. J. Stephen Jones, a leading urologist, addresses the serious questions that men or their significant others may have about an increasingly common condition. Dr. Jones says at the outset to the reader that he is not alone in experiencing these problems - he has plenty of company! He discusses normal patterns of sexual arousal and activity, explains how physicians diagnose and identify the causes of impotence, and tells men what they should expect at the urologist's office. Next Dr. Jones reviews a full range of treatments, from lifestyle changes, through the latest information on the benefits and side effects of Viagra, to penile injection therapy, vascular surgery, penile prosthetics, and psychotherapy. He emphasizes that each man may make a different choice for his individual needs, and he concludes with a look at upcoming drugs that are now being developed. Complete with an appendix of additional resources (organizations, support groups, educational material, and web sites) and a glossary of medical terms, this engaging, down-to-earth guide is an all-in-one resource giving men everything they need to know about a serious though very treatable medical problem.

## Book Information

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## Customer Reviews

No matter your age or gender, if impotence--or fear of impotence--has crept into your life, buy this

book NOW! Dr. Stephen Jones, noted urologist and researcher, takes the mystery and trepidation out of this formerly-taboo topic with candor, thoroughness, and refreshing humor. (I laughed out loud, no kidding!) No aspect of the male sexual organ and its functioning is left undiscussed, nor is the female disregarded, for Dr. Jones helps the reader understand how the physical and psychological relationship between man and woman affects sexual satisfaction. Eschewing jargon and technical language, Dr. Jones' down-to-earth, insightful, and respectful approach to his subject makes for a highly readable, easily understandable book. Readers learn what matters, what doesn't, and the many steps that can be taken to to eliminate or at least minimize erectile dysfunction. What a joy to find such a thorough and engaging book on this difficult subject.

Never before has such comprehensive and state-of-the-art medical information been so inviting and enjoyable. This superbly-written guide appeals to all, from the afflicted to the curious. It has become an integral part of my treatment algorithm. Finally--Chicken Soup for the pole!

This is the most current and complete book available on the topic of maintaining or regaining sexual health, taking a balanced approach to a serious subject. It uses appropriate and tasteful humor to disarm nervousness and embarrassment most men and their partners experience when dealing with sexual issues.

This book covers all the bases and gives the alternatives that are available in a good way. I have read several books on the subject and this one is HARD to beat. The author is a Urologist and knows what he is talking about so that helps.

One of the side effects of prostate cancer treatment is a high incidence of impotence. This book is informative. It is helpful. But the big questions for a patient are: What are my odds? and How long will it take to get potence back after treatment? This book is not particularly helpful with these big questions. On the other hand, this book does cover just about all of the rest of the subject you could imagine. It covers the physical causes and all of the potential treatments and effectiveness of each treatment. It puts a ptient in an excellent position for an informed choice.

I was surprised to find my exact situation described in the book, must be a common complaint. She hit menopause, lost interest and started having dryness, I had trouble getting in, everybody gets frustrated and I went flat. The more I worried about, the limper I got. Of course, I have more than

enough health issues (diabetes, heart, beta blockers, water pills) to make it more than psychological, too. Being on nitrates and nitroglycerin for my heart, I figured my hard days were over since I can't take the mainstays of evening TV advertising, but Dr. Jones reminded me of other treatment options so I'm going to have a talk with my doctor next week and see if there's something relatively inexpensive we can try since I seem to have one of the few insurance policies that will not pay for impotency treatment. They'd probably let us go around with broken legs if they could, too.

I found this book at my public library, and found it to be of great assistance. I bought it as a reference, and would highly recommend it to anyone who suffers from erectile dysfunction. Every solution is discussed and explored, the pros and cons, and it will help you ask the right kind of questions of your doctor. I also feel that it would be a great book for doctors, specifically urologists to have on hand to educate their patients. It helped me make the decision I needed for a good quality of life, and to resume a normal sex life for me. An excellent well written book!

This book is a easy and fun read on a subject you don't find much reference about. Just what I've been looking for. I just got it and am only a third through it but it's helped a lot already and my understanding of the problems is greatly improved.

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